



# PeeWee Camp

*Camp Overview for Equestrian Summer Camp ages 4-7*

*Misty Run Equestrian*

## OVERVIEW & PURPOSE

PeeWee Camp is designed to introduce horses, horse care, and horseback riding to children ages 4-7 years old in a fun, safe and age appropriate format. Activities are carefully orchestrated, timed and ordered to optimize focus and learning at this age.

## EDUCATION STANDARDS

1. Best safety practices around horses
2. Introductions to horse care
3. Introductions to horseback riding

## OBJECTIVES

1. Develop the beginning of a lifelong pursuit with horses
2. Foster good habits and best practices
3. Develop confident riding and handling skills

## VERIFICATION

*Steps to check for student understanding*

1. Regularly engage campers with safety practices with games and questions
2. Students will demonstrate skills learned daily

# Daily Itinerary

## Monday

9:00 am: Arrival Check In (Little Jen)

1. Paperwork
2. Photo wrist bands
3. Helmet fitting
4. Lunches and bookbags put away
5. Introductions
6. Safety Briefing
7. Camp Rules

9:30 am: Farm Tour (Little Jen)

1. Safety Points in the Barn (always walking, talking voice, helmet on at all times)
2. Bathrooms (must always tell someone before you go)
3. Grooming Supplies
4. Feed Room
5. Tack Room

10:00 am: Haltering and Leading Your Horse (Jordann and Little Jen)

- 1. Safely approaching and moving around the horse**
  - Demonstrate how to approach a horse and walk around them
  - Allow each camper to practice
- 2. Correctly carrying a halter to your horse**
  - Demonstrate how to gather and hold a halter & lead rope
  - Give each camper a halter and lead rope to practice (they might need help, allow them to practice until they can do it properly)
  - Demonstrate how to properly put a halter on and remove a halter
  - Allow each camper to practice
- 3. Leading your horse**
  - Demonstrate how to properly lead your horse down and back
  - Allow each camper to lead their horse down and back

10:30 am: **Bathroom & water break**

# Daily Itinerary

10:45 am: **Riding Lesson**

1. Mounting and Dismounting

- Climbing the block carefully
- Gather your reins
- Place foot in stirrup
- Swing leg over without kicking your horse in the butt
- Sit gently

Dismounting

- Gather your reins
- Remove feet from stirrups
- Lean forward
- Swing right leg around without kicking horse in the butt
- Lay across saddle and slide down gently

2. Holding the reins and holding your arms, going forward, stopping and turning at the walk

11:30 am **Wash and put helmets away for lunch**

11:45 Am: **Lunch and Clean up from lunch change into water clothes**

12:30 Pm: **Water Play and Free Time (Rain activity Jr. Riding Yoga)**

1:00 Pm: **Camp Ends Parent Pick UP**